



# 211'S SUNSHINE FREE! DAILY PHONE CALL

To learn more about life-saving  
Sunshine calls...Dial 2-1-1 Today!

2-1-1

Palm Beach and  
Treasure Coast

"Hello, Sarah...Sunshine calling!"

## SENIOR GUIDE TO COMMUNITY SERVICES - PALM BEACH COUNTY

### MEDICAL EMERGENCY

9-1-1

### MENTAL HEALTH CRISIS

2-1-1

#### ABUSE- ADULT & DOMESTIC

Abuse Hotline- Florida	(800) 962-2873
Aid to Victims of Domestic Abuse	(800) 355-8547
Victim Services (also Rape Crisis)	(561) 833-7273
Long-Term Care Ombudsman	(888) 831-0404

#### ADULT DAY CARE

2-1-1

#### ALCOHOL & DRUG ABUSE

2-1-1

#### ALZHEIMER'S CRISISLINE

(800) 394-1771

#### ALZHEIMER'S DISEASE

Alzheimer's Association-24-hour helpline	(800) 272-3900
Alzheimer's Care Resource Center	(855) 476-7600
Alzheimer's Community Care	(561) 683-2700
Memory Disorder Ctr- St. Mary's Medical	(561) 882-6363
Memory & Wellness Center at FAU	(561) 297-0502

#### CAREGIVER SUPPORT PROJECT

2-1-1

#### CONSUMER COMPLAINTS

Better Business Bureau	(561) 842-9278
Condo Ombudsman	(954) 202-3234
Consumer Affairs Division of PBC	(561) 712-6600
Florida Division of Consumer Services	(800) 435-7352

#### CREDIT COUNSELING/MONEY MGT

Consolidated Credit Counseling	(800) 210-3481
Debthelper.com	(800) 920-2262
Money Management International	(800) 251-2227
PBC Cooperative Extension Service	(561) 233-1742
Prosperity Center- Housing Partnership	(561) 655-7581

#### CRIME/FRAUD- Don't Become A Victim!

Consumer Helpline (insurance fraud)	(800) 378-0445
Division of Victim Services (Courthouse)	(561) 355-2418
Economic Crimes: Crimes Against Elderly	(561) 355-7278
Seniors vs. Crime	(800) 203-3099
Your Aging & Disability Resource Ctr	(866) 684-5885
Victim Services (Office of Attorney Gen)	(561) 837-5000
Victim Services (State Attorney's Office)	(561) 355-7100

#### CRISIS- MENTAL HEALTH MOBILE RESPONSE

Mobile Response (SCMH) Glades	(561) 382-3555
Mobile Response (SCMH) North	(561) 693-8681
Mobile Response (SCMH) South	(561) 637-2102

#### DEATH/DYING/GRIEF

TrustBridge-Hospice & Home Healthcare	(888) 848-5200
VITAS Innovative Hospice Care	(800) 938-4827

#### DISABILITY SERVICES

Audiology With A Heart/free amplified phones	(561) 366-7219
Coalition for Independent Living Options	(561) 966-4288
Division of Blind Services	(866) 225-0794
FL Alliance for Assistive Services & Tech.	(850) 487-3218
Florida Relay Service	(800) 676-3777
Lighthouse for the Blind	(561) 586-5600

#### DISABLED PARKING PERMITS

(561) 355-2264

#### EDUCATION- ADULT

Adult Education School District of PBC	(561) 616-7800
Literacy Coalition of Palm Beach County	(800) 273-1030

#### EMPLOYMENT- ELDER

AARP's SCSEP (Sr. Employment)	(561) 471-9828
CareerSource	(800) 556-5627

#### FINANCIAL/UTILITY ASSISTANCE

2-1-1

#### FOOD ASSISTANCE/CONGREGATE MEAL SITES

Access Food Stamps/Food Pantries/Meal Sites	2-1-1
Boca Helping Hands	(561) 417-0913
Ruth & Norman Rales JFS- limited financial	(561) 852-3333
True Fast Outreach Min WPB-food & other	(561) 594-5689

**Congregate Sites:** also see **Senior Centers** back page

Greenacres Leisure Services- meal site	(561) 642-2090
Lindsay Davis Ctr- Riv Bch-STARS program	(561) 840-3170
MorseLife- WPB (Kosher) "Lunch Bunch"	(561) 471-5111
St Andrews Residence-WPB meal site	(561) 655-1504
Village of Royal Palm Cultural Arts-meal site	(561) 790-5149
Volen Center (Kosher) Boca/Delray meal sites	(561) 395-8920

2-1-1

Palm Beach and  
Treasure Coast

Sunshine is a free program of 211, PBC's community helpline and crisis hotline. To sign-up or to learn more, dial 2-1-1. Sunshine is made possible through the support of the Town of Palm Beach United Way and the Jim Moran Foundation. Calls to 211 are free, confidential & 24/7.



# SENIOR GUIDE TO COMMUNITY SERVICES - PALM BEACH COUNTY

## FORECLOSURE/EVICTION/RENT-HIKES 2-1-1

Legal Aid (561) 655-8944 FL Rural Legal (800) 284-4588

## GRANDPARENTS RAISING GRANDKIDS

Kin Support Project- Families First (561) 721-2887

Relative Caregivers-Legal Aid Society (561) 655-8944

MorseLife (leave message) (561) 289-8578

## GUARDIANSHIP

Clerk of the Court 15th Judicial Circuit (561) 355-6511

## HEALTH CONCERNS

American Cancer Society (561) 616-9370

American Diabetes Association (800) 342-2383

American Heart Association (800) 242-8721

American Lung Association SE Florida (561) 659-7644

Epilepsy Foundation (561) 478-6515

Lupus Foundation of America-FL Chapter (855) 905-8787

National Parkinson Foundation Chapter (561) 962-1702

## HOME DELIVERED MEALS/HEALTH CARE 2-1-1

## HOME IMPROVEMENT

Rebuilding Together\*Solid Waste Authority (561) 697-2700

\*Based on qualifying income guidelines- press #6 or ex 4701

## HOSPITALS

Bethesda Memorial Hospital (561) 737-7733

Boca Raton Regional Hospital (561) 395-7100

Delray Medical Center (561) 498-4440

Good Samaritan Medical Center (561) 655-5511

HCA Florida JFK Hospital (561) 965-7300

HCA Florida JFK North Hospital (561) 842-6141

HCA Florida Palms West Hospital (561) 798-3300

Jupiter Medical Center (561) 747-2234

Lakeside Medical Center (Belle Glade) (561) 996-6571

Palm Beach Gardens Medical Center (561) 622-1411

St. Mary's Medical Center (561) 844-6300

Wellington Regional Medical Center (561) 798-8500

West Boca Medical Center (561) 488-8000

West Palm Beach VA Healthcare (800) 972-8262

## INSURANCE

DCF Access Florida (Medicaid) (866) 762-2237

Health Care District of PBC (866) 930-0035

Medicare Information (800) 633-4227

SHINE- help with Medicare concerns (866) 684-5885

## LEGAL SERVICES

Florida Rural Legal Services (800) 284-4588

Florida Senior Legal Helpline (888) 895-7873

Legal Aid Society- Elder Law Project (561) 655-8944

## MEDICAL SUPPLIES/EQUIPMENT

Clinics Can Help (561) 640-2995

Southeast Mobility (561) 364-2600

## MENTAL HEALTH/ COUNSELING

Center for Family Services of PBC (800) 404-7960

Center for Trauma Counseling (561) 444-3914

Different Like Me- South Coastal PBC (561) 289-2545

Faulk Center for Counseling (561) 483-5300

Mental Health America PBC (561) 832-3755

NAMI-National Alliance on Mental Illness (561) 588-3477

Ruth & Norman Rales JFC(Senior Counseling) (561) 852-3333

## PRESCRIPTION ASSISTANCE 2-1-1

## SENIORS/CRISIS- ELDER CRISIS OUTREACH 2-1-1

## SENIOR CENTERS (also PBC D.O.S.S. Meal sites)

Boynton Beach Senior Center (561) 742-6570

Lindsey Davis Sr. Community Ctr (Riv. Bch) (561) 840-3170

Mid County Senior Center (Lake Worth) (561) 357-7100

North County Senior Center (PBG) (561) 694-5435

Volen Center (Boca Raton) (561) 395-8920

West County Senior Center (Belle Glade) (561) 996-4808

SERVICE DOGS- Canine Companions (800) 572-2275

SOCIAL SECURITY ADMIN (800) 772-1213

SUBSTANCE ABUSE- it's ok for you to get help 2-1-1

SUNSHINE CALLS- free daily hello & wellness check 2-1-1

## TRANSPORTATION

Community Coach/ LIFT-South County (561) 395-8920

Palm Tran CONNECTION Door-to-Door (561) 649-9838

Palm Tran Bus Information (877) 930-4287

Tri-Rail (800) 874-7245

## VETERANS/CRISISLINE 1- (800) 273-TALK (8255)

211's MYFLVET- peer to peer support & family resources 2-1-1

FL Dept. of Veterans Affairs-benefits counseling (561) 422-8204

Funeral/Burial Benefits-Dept. of Veteran Affairs (800) 827-1000

Jupiter Vet Center (561) 422-1220

PBC Veteran Services-Delray(561) 276-1225 WPB (561) 355-4761

Palm Beach Vet Center (561) 422-1201

West Palm Beach VA Healthcare System (800) 972-8262

Women Vets Health Programs (561) 422-1236

VETERINARIAN/PETS- Paws2Help (561) 712-1911

Peggy Adams- spay/neuter/vaccinations (561) 686-3663

Animal Care & Control-spay/neuter/vaccines (561) 233-1200

## VOLUNTEER OPPORTUNITIES

211's Sunshine Daily Telephone Calls to Seniors 2-1-1

United Way of Palm Beach County (561) 375-6600



This is a partial listing of frequently requested information maintained by 211 HelpLine and is current as of January 2023. Inclusion does not imply endorsement, nor does omission imply lack of endorsement by 211. For more information dial 2-1-1 or visit [www.211palmbeach.or](http://www.211palmbeach.or)