



**FREE! DAILY
PHONE CALL**



To learn more about life-saving
Sunshine calls... **Dial 2-1-1 Today!**



“Hello Sarah, Sunshine calling!”

SENIOR GUIDE TO COMMUNITY SERVICES- INDIAN RIVER COUNTY

| MEDICAL EMERGENCY | | 9-1-1 | MENTAL HEALTH CRISIS | | 2-1-1 |
|---|----------------|--------------|---|----------------|--------------|
| ABUSE- ELDER & DOMESTIC | | | DISABILITY SERVICES | | |
| Abuse Hotline- Florida | (800) 962-2873 | | Agency for Persons with Disabilities-Area 15 | (772) 468-4080 | |
| Long- Term Care Ombudsman | (888) 831-0404 | | Area Agency on Aging (AAA) | (866) 684-5885 | |
| SafeSpace | (772) 288-7023 | | ARC of IRC | (772) 562-6854 | |
| Victim’s Assistance- DV/abuse/sexual assault | (772) 978-6255 | | Deaf & Hard of Hearing Services | (772) 334-2233 | |
| ADULT DAYCARE/CAREGIVER SUPPORT | 2-1-1 | | Gulfstream Goodwill Rehabilitation Ctr. | (772) 299-4460 | |
| Alzheimer’s/Parkinson’s Association of IRC | (772) 563-0505 | | EDUCATION- ADULT | | |
| AAA- additional services & resources | (866) 684-5885 | | Adult Education IRC | (772) 564-4970 | |
| Senior Resource Association | (772) 569-0760 | | Literacy Services Indian River County | (772) 778-2223 | |
| VNA-Visiting Nurses Association/Hospice | (772) 567-5551 | | Indian River State College | (772) 462-7401 | |
| ALZHEIMER'S DISEASE | | | EMPLOYMENT- ELDER | | |
| Alzheimer’s Association 24-hour helpline | (800) 272-3900 | | AARP Foundation SCSEP (Sr. Employment IRC) | (772) 217-2509 | |
| Alzheimer’s/Parkinson’s Association of IRC | (772) 563-0505 | | CareerSource | (866) 482-4473 | |
| CONSUMER/FRAUD/SAFETY-Don't Become A Victim! | | | The ARC- people with disabilities (ext.231) | (772) 562-6854 | |
| Condo Ombudsman | (954) 202-3234 | | Vocational Rehabilitation Program | (772) 778-6348 | |
| Florida Division of Consumer Services | (800) 435-7352 | | FINANCIAL/ASSISTANCE-info on local providers | 2-1-1 | |
| IRC Sheriffs Crime Victim’s Assistance | (772) 978-6255 | | FOOD Pantries/Meal Sites/*Food Stamp Help | 2-1-1 | |
| Seniors vs. Crime | (800) 203-3099 | | Fellsmere Community Ctr- meal site/pantry* | (772) 571-0031 | |
| COUNSELING-CREDIT /MONEY MGT | 2-1-1 | | Food Pantry of IRC | (772) 770-2068 | |
| Credit Confidant | (772) 713-6478 | | Meals on Wheels (SRA) | (772) 569-0760 | |
| Debt Management Credit Counseling Corp | (866) 618-3328 | | Our Father’s Table- Gifford meal site | (772) 562-6268 | |
| COUNSELING/ MENTAL HEALTH | | | Senior Resource Assn- congregate meal sites | (772) 569-0760 | |
| 211Crisis Intervention & Suicide Hotline | 2-1-1 | | St. Vincent de Paul- Food Stamps/pantry* | (772) 589-3338 | |
| Behavioral Health Center- Cleveland Clinic | (772) 563-4666 | | The Lord’s Table- Fellsmere meal site | (978) 888-3217 | |
| Legacy Behavioral Health | (772) 257-5264 | | The Source- Vero Beach meal site/pantry | (772) 564-0202 | |
| Mental Health Association of IRC | (772) 569-9788 | | United Against Poverty-Cost Share Grocery | (772) 770-2665 | |
| National Alliance on Mental Illness (NAMI) | (800) 950-6264 | | United Against Poverty one time crisis food* | (772) 564-9365 | |
| New Horizons of the Treasure Coast | (772) 778-7217 | | FORECLOSURE CONCERNS | 2-1-1 | |
| Sequel Care | (772) 492-9841 | | GOVERNMENT | | |
| Suncoast Mental Health Center | (772) 564-8616 | | City of Fellsmere | (772) 571-0116 | |
| TC Community Health | (772) 257-8224 | | City of Sebastian, City Council | (772) 589-5330 | |
| UF Center for Psychiatry & Addiction | (772) 794-0179 | | City of Vero Beach, City Hall | (772) 978-5151 | |
| Whole Family Health- Behavioral Health | (772) 492-3427 | | IRC County Administration | (772) 567-8000 | |
| Women’s Refuge of Vero Beach | (772) 770-4424 | | Town of Indian River Shores | (772) 231-1771 | |



Sunshine is a free program of 211, your community helpline and crisis hotline. 211 also recognizes the support of community partners including: The Senior Resource Association, United Way of IRC and the IRC Sheriff’s Office. Calls to 211 are free, confidential and 24/7. Also visit www.211treasurecoast.org



HEALTH CLINICS & HOSPITALS

| | |
|---|----------------|
| Cleveland Clinic Indian River Hospital | (772) 567-4311 |
| FL Department of Health IRC | (772) 794-7400 |
| Sebastian River Medical Center | (772) 589-3186 |
| TC Community Health | (772) 257-8224 |
| VNA-Visiting Nurses Association Mobile Unit | (772) 567-5551 |
| Whole Family Health Center | (772) 257-5785 |

HEALTH-PHYSICAL THERAPY/REHAB

| | |
|--|----------------|
| Advanced Motion Therapeutic | (772) 567-8585 |
| Consulate Health Care of Vero Beach | (772) 569-5107 |
| HealthSouth TC Rehabilitative Hospital | (772) 778-2100 |
| Palm Garden of Vero Beach | (772) 567-2443 |
| Sunshine Physical Therapy Clinic | (772) 562-6877 |

HEALTH & WELLNESS/RECREATION

| | |
|---------------------------------------|----------------|
| Fellsmere Community Center | (772) 646-6316 |
| IRC Recreation Department | (772) 226-1732 |
| Sebastian Community Center | (772) 589-1009 |
| Vero Beach Leisure Square Fitness Ctr | (772) 770-6500 |
| Vero Beach Recreation Department | (772) 567-2144 |

HOUSING-ASSISTED LIVING & HOUSING NEEDS

| | |
|---|----------------|
| Brookdale Sr. Living/Clare Bridge Cottage | (772) 569-4600 |
| By The River | (772) 388-5858 |
| Florida Baptist Retirement Center | (772) 567-5248 |
| Gardenia Gardens | (772) 794-0414 |
| Orange Blossom Village | (772) 770-4581 |
| Palm Gardens of Vero Beach | (772) 567-2443 |
| Saint Francis Manor Apts. | (772) 562-8575 |
| Sunset Apts. | (772) 770-3014 |
| TC Homeless Services Council | (772) 567-7790 |

INSURANCE

| | |
|---------------------------------------|----------------|
| Agency for Health Care Administration | (800) 226-5082 |
| DCF Access Florida (Medicaid) | (866) 762-2237 |
| Medicare | (800) 633-4227 |
| SHINE- help with Medicare concerns | (866) 684-5885 |

LEGAL SERVICES

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|--------------------------------|----------------|
| 19th Judicial Court of Florida | (772) 770-5185 |
| Florida Rural Legal Services | (772) 466-4766 |
| Florida Senior Legal Helpline | (888) 895-7873 |
| IRC Courthouse Public Defender | (772) 770-5080 |
| IRC Law Library | (772) 770-5060 |

LIBRARIES- IRC System's Main # (772) 770-5060

MEDICAL SUPPLIES/EQUIPMENT 2-1-1

PET FOOD/SUPPLIES/HELP-low income Srs. (772) 539-2417

Humane Society of Vero Beach & IRC (772) 388-3331

SAFELINK-phone (Medicare/those qualifying) 1-(800) 723-3546

SOCIAL SECURITY ADMIN 1-(866) 964-7414

SUBSTANCE ABUSE- Treatment/Support

| | |
|--------------------------------------|----------------|
| AA Indian River County | (772) 562-1114 |
| Legacy Behavioral Health | (772) 257-5264 |
| New Horizons of the Treasure Coast | (772) 778-7217 |
| Smoking & Tobacco- Quit For Life! | (877) 822-6669 |
| Substance Awareness Center | (772) 770-4811 |
| UF Center for Psychiatry & Addiction | (772) 794-0179 |

SUPPORT GROUPS

| | |
|---|----------------|
| Alzheimer's & Parkinson's Association | (772) 563-0505 |
| American Cancer Society | (772) 562-2272 |
| Mental Health Association | (772) 569-9788 |
| St. Helen's Outreach Office | (772) 567-5193 |
| Suicide Griever's Support Group | (419) 651-5401 |
| VNA-Visiting Nurses Association/Hospice | (772) 567-5551 |

THRIFT STORES

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|---------------------------------|----------------|
| Goodwill (Sebastian) | (772) 228-9222 |
| Goodwill (Vero Beach) | (772) 770-3330 |
| Salvation Army | (772) 978-0265 |
| St. Vincent DePaul (Vero Beach) | (772) 567-6774 |
| St. Vincent DePaul (Wabasso) | (772) 589-3338 |

TRANSPORTATION

| | |
|---|----------------|
| Care-A-Van (Sebastian River Med Center) | (772) 581-2010 |
| Community Coach | (772) 569-0903 |
| Go-Line | (772) 569-0903 |
| Volunteer Ambulance Squad | (772) 231-1230 |

VETERANS/CRISISLINE 1- (800) 273-TALK (8255)

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|--|----------------|
| 211's MYFLVET- peer to peer support & family resources | 2-1-1 |
| Funeral/Burial Benefits-Dept. of Veteran Affairs | (800) 827-1000 |
| IRC Veterans Services (Sebastian) | (772) 589-6597 |
| IRC Veterans Services (Vero Beach) | (772) 226-1499 |
| VA Medical Center- West Palm Beach | (800) 972-8262 |
| VA Outpatient Clinic (Vero Beach) | (772) 299-4623 |
| Veterans Coalition of IRC- programs & more | (772) 410-5820 |
| Veteran Transportation | (772) 226-1695 |
| Women Veterans Clinic & Health Programs | (561) 422-1236 |
| Wounded Warrior Resource Center | (888) 997-2586 |

VOTER REGISTRATION

IRC Supervisor of Elections (772) 226-3440



This is a partial listing of frequently requested information maintained by 211 HelpLine. The info contained is the most current available as of June 2032. Inclusion does not imply endorsement, nor does omission imply a lack of endorsement by 211. For more info dial 2-1-1 or (866) 882-2991. Visit www.211treasurecoast.org to Chat Online- or to Text: text your zip code to 898211.